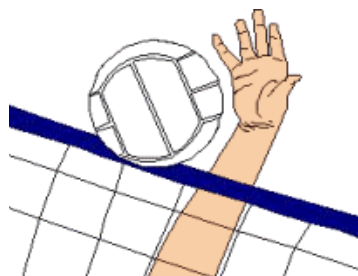


I M P R O V I N G A T H L E T E S ' I Q



TRIPLE THREAT TRAINING



Volleyball

www.tttsports.net

Intramural League

5th – 8th Grade Girls

\$150 Per Player

Mondays and Wednesdays

Dates: 9/21 – 11/24

Time: 3:30pm – 6:30pm

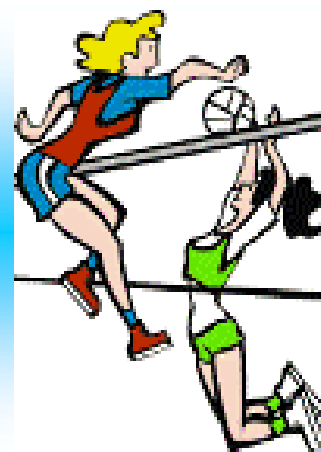
Columbia Community
Fitness Center

\$50 Deposit/Registration is
required before 9/14 at
CCFC

* Make Checks Payable to:
Triple Threat Training LLC

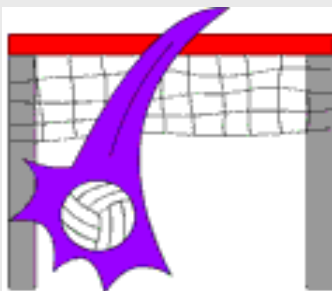
LEAGUE

- Instructional League
- 1 1/2 hour practice each Monday
- 10-matches / 1 each Wednesday
- Best 2 out of 3 games per match
- Development of Fundamentals
- Individual and Team Skill Building
- Participants receive T- shirts for Games



Triple Threat Training has one goal in mind, **IMPROVING ATHLETES IQ**. We offer a coaching staff comprised of experienced players who have competed on the Collegiate / Professional level and have coached High School / AAU ball. Our coaches will utilize their knowledge to develop IQ and skill set, which will increase athlete's performance level. Triple Threat Training understands the importance of building fundamentals and is using this concept for the foundation of all our teachings.

*Let us help you take your
skills to the next level.*



For more information contact

Lauren Braun

Dan Kellum

@734.341.1336