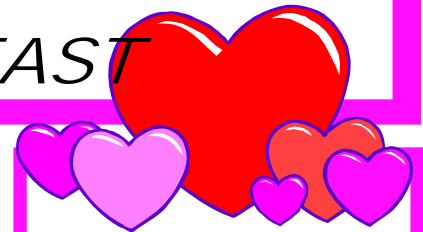


# February 2010

## COLUMBIA MIDDLE SCHOOL BREAKFAST



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> PANCAKE SAUSAGE <u>JUICE - MILK</u> GRAB & GO GRANOLA BAR CHEESE STICK JUICE - MILK	<b>2</b> EGG & CHEESE OMELET WRAP <u>JUICE - MILK</u> GRAB & GO GRANOLA BAR CHEESE STICK JUICE - MILK	<b>3</b> HOT OATMEAL YOGURT <u>APPLE -MILK</u> GRAB & GO GRANOLA BAR CHEESE STICK JUICE - MILK	<b>4</b> BREAKFAST PIZZA BANANA <u>MILK</u> GRAB & GO GRANOLA BAR CHEESE STICK BANANA- MILK	<b>5</b> ASSORTED CEREAL YOGURT <u>BANANA - MILK</u> GRAB & GO GRANOLA BAR CHEESE STICK BANANA - MILK
<b>8</b> FRENCH TOAST STIX TURKEY SAUSAGE <u>JUICE - MILK</u> GRAB & GO WHOLE WHEAT BAGEL JELLY YOGURT MAND ORANGE CUP MILK	<b>9</b> BREAKFAST BURRITO <u>JUICE - MILK</u>  GRAB & GO W.W. BAGEL / JELLY YOGURT MAND. ORANGE CUP MILK	<b>10</b> WHOLE GRAIN WAFFLE TURKEY SAUSAGE <u>JUICE - MILK</u> GRAB & GO W.W. BAGEL/JELLY YOGURT MAND. ORANGE CUP MILK	<b>11</b> APPLE FILLED BOSCONINI CHEESE STICK <u>MILK</u> GRAB & GO W.W. BAGEL YOGURT MAND. ORANGE CUP MILK	<b>12</b> ASSPOTED CEREAL YOGURT <u>JUICE - MILK</u> GRAB & GO W.W. BAGEL YOGURT MAND. ORANGE CUP MILK
<b>15</b>  NO SCHOOL	<b>16</b> Blueberry pancake sausage on a stick <u>Juice - milk</u> Grab & go Whole grain muffin Peanut butter Gogurt Apple slices - milk	<b>17</b> Mini egg omelet Turkey sausage <u>Juice - milk</u> Grab & go Whole grain muffin Peanut butter Gogurt Apple slices - milk	<b>18</b> Soft pretzel Cheese stick <u>Juice - milk</u> Grab & go Whole grain muffin Peanut butter Gogurt Apple slices - milk	<b>19</b> Assorted cereal Yogurt <u>Juice - milk</u> Grab & go Whole grain muffin Peanut butter Gogurt Apple slices - milk
<b>22</b> Blueberry muffin Cheese stick <u>Juice - milk</u> Grab & go Oatmeal bar Orange wedges Cheese stick Milk	<b>23</b> Ham & cheese English muffin <u>Juice - milk</u> <u>Grab &amp; go</u> Oatmeal bar Orange wedge Cheese stick milk	<b>24</b>  NO SCHOOL	<b>25</b> BREAKFAST PIZZA W/ EGG & CHEESE <u>JUICE - MILK</u> GRAB & GO OATMEAL BAR ORANGE WEDGE CHEESE STICK MILK	<b>26</b> ASSORTED CEREAL YOGURT <u>JUICE - MILK</u> GRAB & GO OATMEAL BAR ORANGE WEDGES CHEESE STICK MILK

### News

We are trying a new breakfast menu. Students can either go to the cafeteria for a hot breakfast, or take a grab and go breakfast to their classroom. If your student qualifies for free or reduced lunch they also qualify for free breakfast or reduced, .30 breakfast. Regular priced breakfast is \$1.30.

